



# 2018 DALLAS, TX GURU PURNIMA RETREAT SCHEDULE

## FRIDAY, JULY 27 - DAY 1

<b>TIME*</b>	<b>EVENT</b>	<b>Location**</b>
7:00AM – 8:00AM	REGISTRATION	
8:00 AM – 9:00 AM	BREAKFAST	
9:00AM – 10:30 AM	AMMA's DIVINE DISCOURSE & SPECIAL GURU PURNIMA PUJA	
10:30AM – 10:45AM	BREAK	
10:45 AM – 11:45 AM	GROUP MEDITATION	
10:45AM – 11:15 AM	1 <sup>st</sup> CHAKRA INITIATION	
11:15AM – 11:45AM	2 <sup>nd</sup> CHAKRA INITIATION	
11:45AM – 12:00 PM	BREAK	
12:00 PM – 1:00 PM	AMMA's DIVINE DISCOURSE	
1:00 PM – 2:00 PM	LUNCH SERVED BY AMMA	
2:00 PM – 3:00 PM	REST	
3:00 PM – 4:00 PM	GROUP MEDITATION	
3:00 PM – 3:30 PM	3 <sup>rd</sup> CHAKRA INITIATION	
3:30 PM – 4:00 PM	4 <sup>th</sup> CHAKRA INITIATION	
4:00 PM – 4:15 PM	BREAK	
4:15 PM – 5:15 PM	GROUP MEDITATION	
4:15 PM – 4:45 PM	5 <sup>th</sup> CHAKRA INITIATION	
4:45 PM – 5:15 PM	6 <sup>th</sup> CHAKRA INITIATION	
5:15 PM – 5:30 PM	BREAK	
5:30 PM – 7:00 PM	AMMA's DIVINE DISCOURSE & HARATHI	
7:00 PM	DINNER	



# 2018 DALLAS, TX GURU PURNIMA RETREAT SCHEDULE

## SATURDAY, JULY 28 - DAY 2

<b>TIME*</b>	<b>EVENT</b>	<b>Location**</b>
6:00AM – 8:00AM	GROUP MEDITATION	
8:00 AM – 9:00 AM	BREAKFAST	
9:00AM – 9:30 AM	AMMA'S DIVINE DISCOURSE	
9:30 AM – 10:45 AM	GROUP MEDITATION	
9:30 AM – 10:45 AM	1 <sup>ST</sup> GROUP SHAKTI PATH	
10:45 AM – 11:00 AM	BREAK	
11:00AM – 12:15 PM	GROUP MEDITATION	
11:00AM – 12:15 PM	2 <sup>ND</sup> GROUP SHAKTI PATH	
12:15 PM – 1:00 PM	AMMA's DIVINE DISCOURSE	
1:00 PM – 2:00 PM	LUNCH SERVED BY AMMA	
2:00 PM – 3:00 PM	REST	
3:00 PM – 4:15 PM	GROUP MEDITATION	
11:00AM – 12:15 PM	3 <sup>RD</sup> GROUP SHAKTI PATH	
4:15 PM – 4:30 PM	BREAK	
4:30 PM – 5:45 PM	GROUP MEDITATION	
4:30 PM – 5:45 PM	4 <sup>TH</sup> GROUP (FINAL) SHAKTI PATH	
5:45 PM – 6:00 PM	BREAK	
6:00 PM – 8:00 PM	AMMA's DIVINE DISCOURSE & HARATHI	
8:00 PM	DINNER	



## 2018 DALLAS, TX GURU PURNIMA RETREAT SCHEDULE

### SUNDAY, JULY 29 - DAY 3

TIME*	EVENT	Location**
6:00AM – 8:00AM	GROUP MEDITATION	
8:00 AM – 9:00 AM	BREAKFAST	
9:00 AM – 10:30 AM	AMMA'S DIVINE DISCOURSE & SPECIAL GURU PURNIMA PUJA	
10:30 AM – 10:45 AM	BREAK	
10:45 AM - 12:00 PM	GROUP MEDITATION	
12:00 PM – 12:15 PM	BREAK	
12:15 PM – 1:00 PM	AMMA'S CLOSING DIVINE DISCOURSE	
1:00 PM – 2:00 PM	LUNCH SERVED BY AMMA	
4:00 PM	SRI PADA PUJA AND CELEBRATION	

(\* ) Times subject to change

(\*\* ) Location subject to change

#### **NOTE:**

**Chakra Cleansing and Shakti Path are solemn and sacred initiations. They are to be received in the same spirit in which they are given by our beloved Amma.**

- 1 ) Chakra Initiations are only given at the times specified in the schedule.
- 2 ) You will be informed of the time that you will be receiving Shakti Path. during registration and check-in. You are required to attend Shakti Path at that time only.
- 3 ) There will only be one (1) Chakra initiation per year per person. Similarly, only one (1) Shakti Path will be given per retreat.
- 4 ) Unfortunately based on the very tight time constraints of the program, Chakra Initiations and Shakti Path will only be given at the times mentioned. There will **no** 'make-up' sessions for Chakra Initiations and/or Shakti Path for any reason whatsoever.